

COVID-19 RESOURCES SPECIFIC TO LEON COUNTY

UTILITY BILL RELIEF

On March 12th, the City of Tallahassee halted all utility connections for non-payment for 60 days. Billing for utility unsafe will continue, but your utilities will not be disconnected for non-payment. Also, the City of Tallahassee is allowing any residential or commercial utility customer impacted by COVID-19 to defer payment on utility bills incurred March 12, 2020 to May 12, 2020. The Utility Relief Program allows customers to pay these utility bills in installments as a part of future bills from September 2020 through March 2021. There is no cost to participate in this program and you can click the link below to sign up.

https://talgov.com/you/utilityrelief.aspx

FLORIDA FOOD ASSISTANCE PROGRAM (SNAP)

HTTPS://WWW.BENEFITS.GOV/BENEFIT/1244

FOOD RESOURCES

SECOND HARVEST OF THE BIG BEND

HTTP://FIGHTINGHUNGER.ORG

(850) 562-3033

Use this resource to locate emergency food services closest to you for nutritional assistance. Visit the website for various food bank locations.

ELDER CARE SERVICES

HTTP://ELDERCAREBIGBEND.ORG

(850) 921-5554

2518 W TENNESSEE ST

TALLAHASSEE, FL 32304

Call and inquire about picking up items like non-perishable food from this emergency food pantry.

LEON FRUIT AND NUT EXCHANGE

HTTP://LEONFRUITANDNUTEXCHANGE.ORG

(850) 766-3217

2518 W TENNESSEE ST

TALLAHASSEE, FL 32304

This source is free to everyone and will deliver. Contact them for ways to get fresh fruit and nuts.

COVID-19 RESOURCES FOR ALL

Wi-Fi Accessibility

Comcast/Xfinity is giving away two free months of internet service for low-income families who qualify, regularly priced at \$9.95/month plus tax after that until they cancel. There is no contract so they can disconnect at any time without penalty. It's only for new customers, but existing customers have some additional perks and protections they're offering too.

https://www.internetessentials.com/covid19#gethelp&all Pricingandotherinfo

Several companies are offering free or reduced-cost services to students and their families as a response to accessibility issues stemming from the novel coronavirus (COVID-19). Comcast and Charter-Spectrum provide internet service in the Tallahassee area and they have announced they are offering their services at a reduced cost or at no cost to qualifying students.

As detailed on its website, Comcast's new Internet Essentials customers may receive two free months of internet service for \$9.95 per month and qualifying households must apply by Thursday, April 30. Comcast has also increased its internet service—at no additional cost—for all Internet Essentials customers. More information is available by clicking https://www.internetessentials.com/

Last week, <u>Charter-Spectrum</u> also announced it will offer free broadband and WIFI services to students in households currently without services. Free broadband and wifi access will be available for 60 days and Charter-Spectrum will waive the installation fees for households with students in kindergarten through college. Those interested may call 1-844-488-8395 for more information.

Health Resources

DISC VILLAGE, INC.

DISC Village Health and Wellness Specialists offer students a safe and supportive environment to discuss personal struggles related to Behavioral Health through the New Horizons program. The program works to increase effective communication, anger management, and decision-making skills while offering support in a time of crisis.

Health and Wellness Specialists will be available to meet with students via a virtual services platform.

☑ Virtual Services can be accessed through:

https://discvillage.securevideo.com/book

• Link is also available on DISC Village Website – "schedule virtual session" button top right corner

If you are unable to connect virtually, please contact:

- Health and Wellness Services: 850-574-6240
- Health and Wellness Program Supervisor: 850-510-1793
- Director of Youth Services: 850-510-1042

2-1-1

Call 2-1-1 for human service information and assistance; available 24 hours a day to listen and provide emotional support, crisis counseling, suicide prevention, and information & referrals. You do not have to be in crisis to call, there is no eligibility criteria, and our services are free.

Mobile Response Team (MRT) 1-800-342-0774

The MRT is a 24/7 on-call crisis intervention service provided through Apalachee Center, Inc. MRT provides emergency behavioral health assessment, and diversion alternative to inpatient treatment when appropriate.

National Mental Health Resources Suicide Prevention Lifeline 1-800-273-TALK (8255)

• Call anytime if you're feeling desperate, alone or hopeless. This number will route you to the crisis center nearest you.

ReachOut 1-800-448-3000

 Site where teens and young adults can find the information they need, reach out, tell their stories, and voice their opinions "without fear of being judged or being different."

Crisis Text Line Text 741-741

• Support via text messaging.

SAMHSA Treatment Referral Helpline 1-877-SAMHSA7 (1-877-726-4727)

• Get general information on mental health and locate treatment services in your area. Speak to a live person, Monday through Friday from 8 a.m. to 8 p.m. EST

Free Digital Access to the VitalSource Library and Free Digital Tutoring and Writing Services

In addition to free digital access to the VitalSource library, students may also take advantage of free digital tutoring and writing services through our **Bartleby** platform to further assist during this transitional time.

Here's how:

- Visit bartleby.com and click the callout at the bottom left to sign up.
- Providing a mobile number gives access to a free Bartleby Q&A account allowing 10 Q&A homework questions per month through June 15.

As a reminder, here is how students may access the VitalSource digital library to gain free access to more than 55,000 titles:

How do students access VitalSource Helps content that provides free access to ebooks?

To get started, students should visit <u>bookshelf.vitalsource.com</u>. Before students can begin searching for and reading ebooks, they will need to log-in or create a Bookshelf account with their institution-provided email address.

For students accessing Bookshelf for the first time:

Here are instructions on <u>creating a Bookshelf account</u> that you can share with students and instructors. Once students create an account with an institution-provided email address, they should login and click on the "Explore" tab in the upper left corner of the screen to search by ISBN, Title or Author to find their free ebooks.

For students with existing Bookshelf accounts linked to their institution-provided email address:

Students with existing Bookshelf accounts linked to their institution-provided email address will see a new tab called **"Explore"** when they login in the upper left corner of the screen to search by ISBN, Title or Author to find their free ebooks.

If students need additional assistance gaining access to the site or have questions, please visit https://support.vitalsource.com/hc/en-us/articles/360044467674-Student-and-Instructor-Frequently-Asked-Questions

SBI STUDENT SERVICES NEEDS

SBI Curriculum Requirements

If you are in need of our curriculum requirements, please access this link: http://www.famu.edu/index.cfm?sbi&CurriculumRequirements

Transient Student Application

Transient Application Florida Colleges and Universities ONLY-If you are seeking to be a transient student, please access the following link: https://www.floridashines.org/ (See "Take A Course at Another School" link on the bottom of page)

Registrar's Forms, Applications, Deadlines

If you are in need of documentation from the Office of the Registrar, please access this link: http://www.famu.edu/index.cfm?Registrar&Forms

Admissions

If you are in need of an application for admission or readmission, please access this link: http://www.famu.edu/index.cfm?admissions&DownloadForms

Note: Students that are not enrolled for two consecutive semesters (excluding Summer), MUST reapply to the University. Please make sure that you meet the admission and readmission deadline for the semester in which you plan to return.

Graduate Studies Information

If you are in need of documentation from the School of Graduate Studies and Research, please access this link: www.famu.edu/graduatestudies

Online MBA Information

www.famuonline.com